You can find repeated patterns in stories too! Julia Donaldson stories are great for this. You can borrow eAudiobook versions from Islington Borrow Box or watch the author reading The Paper Dolls. Can your child find the pattern in the story? Which phrases are repeated? Can they join in with them? Map out the story together to see the pattern.

Support your child to continue with their phonics development by playing this letter and sound matching game when you are out and about. If you want to link this to pattern you can challenge them to find only objects that all begin or end with the same sound.

Visit EYFS@Home to take part in a whole day’s worth of activities around making mandala patterns. As well as giving your child a chance to be creative, these patterns will provide plenty of opportunity for talking about shape and space as well as counting.

Learn to weave with Tate Kids and make a repeating pattern using two or three different colours of wool. All you need is some glue, sellotape, cardboard, wool and a lollystick. This is great for fine motor development which will help your child develop their finger strength for writing.

Get moving with some musical pattern making! Start with listening and joining in with ‘If You’re Happy and You Know It’ from Barefoot Books. Talk about the repeated patterns in the song. What were the repeated actions they made with their bodies? Watch this Cbeebies clip about body percussion and have a go at joining in. Can they put their own repeated actions to some music? Try clapping, stamping, swinging, waving.

Developing an awareness of pattern helps young children to notice and understand mathematical relationships. Patterns are everywhere once you start looking. In your house, you may see patterns on fabric, in the construction such as tiles or bricks, on wrapping paper. Out and about, natural patterns are all around you. See what you can spot together - you could make a simple pattern book and have a go at drawing some of the patterns you see. Creative Star Learning have a great idea for collecting patterns using tin foil.

There is even pattern in our actions every day. Make a visual timetable together with your child of all the things you do in a day. You can use post it notes for this and your child can draw and label each activity. Then sequence them into the correct order. You may like to include, meal times, story times, bath time, bed time and other activities you regularly do.