FUN ACTIVITIES: WEEK 3

GET CREATIVE

Superhero Storyboarding
Create an iconic superhero with an awesome name and costume. Use our hints and printable storyboard to draw your own superhero comic! Try here

Lego Challenge Week #2
Master builder? Week 2 of our 4 week challenge is ready for you! Check it out

Hansel and Gretel
Watch the video of Hansel and Gretel, read by Little Angel Theatre here. Once you know the story, you can make your own woodland maze! Download instructions

TV Triathlon
The Tokyo Paralympics team have a great worksheet to get you moving. While you are watching TV, take part in an indoor triathlon! Swim, bike, run from home; and see if you can keep up the pace. Click here

MAKING MUSIC

Beatboxing is the musical expression of the body through the sculpting of sounds and the crafting of music by only using the mouth, throat, and nose.

13 Levels of Beatboxing: Easy to Complex
Learn how to beatbox with this great video featuring Butterscotch, 2005 Female World Beatbox Champion 2005, demonstrating the art of beatboxing in 13 levels of difficulty.

Starting with just the bass drum, Butterscotch layers more and more vocal drums and instruments on top of each other until she starts adding real, live instruments as well.

WORLD OF WORK

Key worker of the week:
Supermarket worker

If we didn't have supermarkets, we wouldn't have any food to eat! People who work in supermarkets help us to get food on our plates so that we can be strong and healthy. They make sure the shelves are stacked with food, help us to pay for our food on the tills, and make sure the shops are safe for customers.

ACTIVITY:
Write a shopping list of all your favourite foods! Have a think about whether you have a good mix of different food groups.